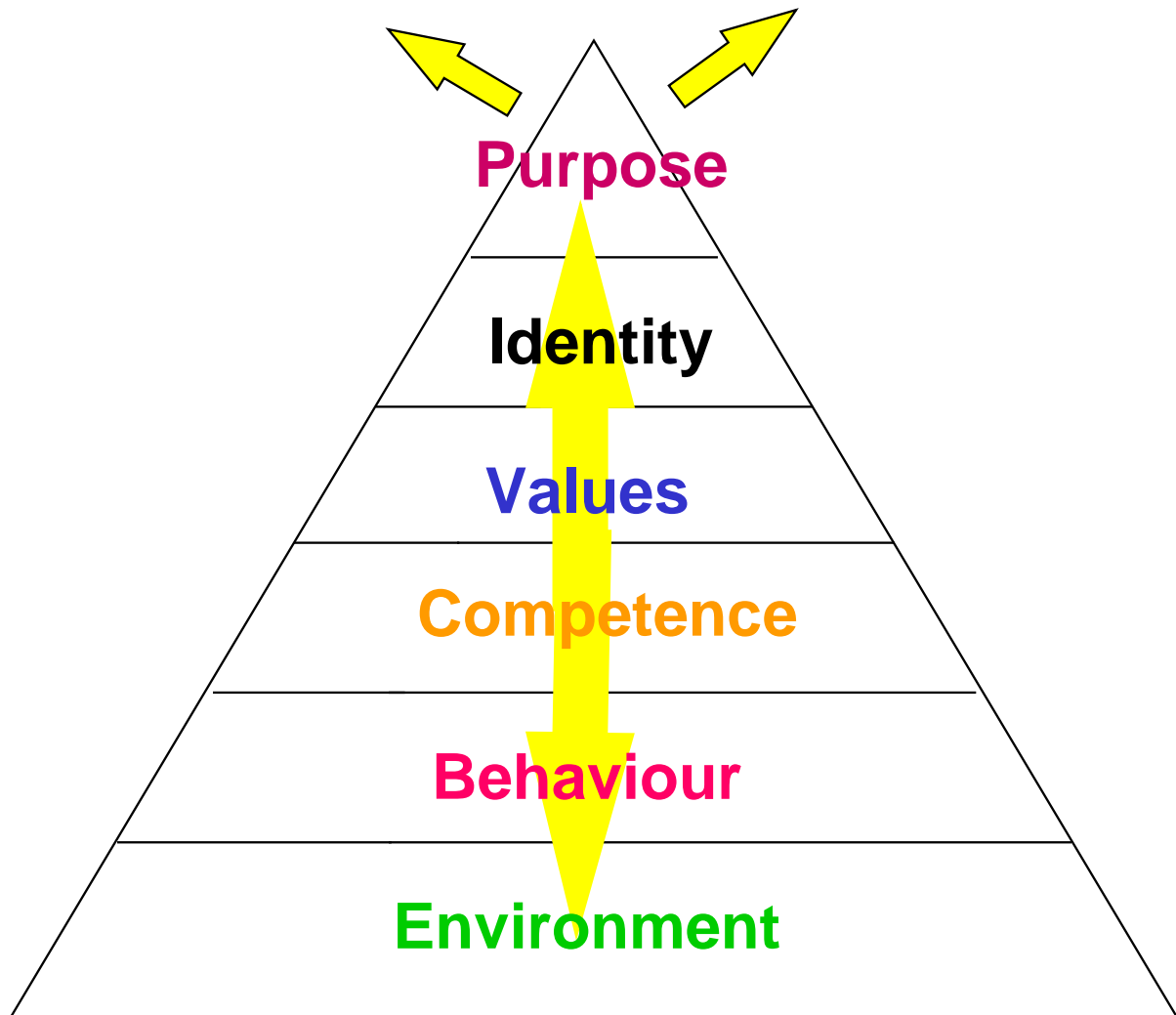


## NEUROLOGICAL LEVELS

Robert Dilts' **Neurological Levels** model helps individuals and teams align their environment, behaviours, competencies, beliefs/values, identity and purpose, challenging them also to consider a higher purpose – whether work-based, family, social or spiritual in which they make a contribution outside the day to day demands of life.



This is a really useful model for studying organisations. It can be used for collecting information, identifying lack of congruence between levels or between organisations, for deciding the most effective place for an intervention to achieve change, or for preparing a specification – e.g. a job description or mission statement.

## NEUROLOGICAL LEVELS

Consider the following questions from your own point of view as an individual, team member, and organisation.

Expect to spend plenty of time - even a lifetime - on these questions. You'll probably need plenty of paper!

Logical Level	Explanation	What is this for me?	What benefits do I get from being this way?	What would be even better?
<b>Environment</b>	Where you live work and play. The physical, social and emotional environment.			
<b>Behaviour</b>	What you do and how you behave.			
<b>Competence</b>	What can you do? What are your skills? How are they relevant? How do you apply them?			
<b>Beliefs and Values</b>	Your values, what you believe. Your expectations about this situation. What is important to you.			
<b>Identity</b>	Who you are, i.e. what role(s) you play in this context? Your identity relative to those around you?			
<b>Higher Purpose</b>	Why you are who you are, what you are here for. How you can be fulfilled? Is there more involved than the obvious? Your contribution to society.			